Tor You, My Daughter



...Poems to Say How Much I Love You

A Special Blue Mountain Arts. Collection

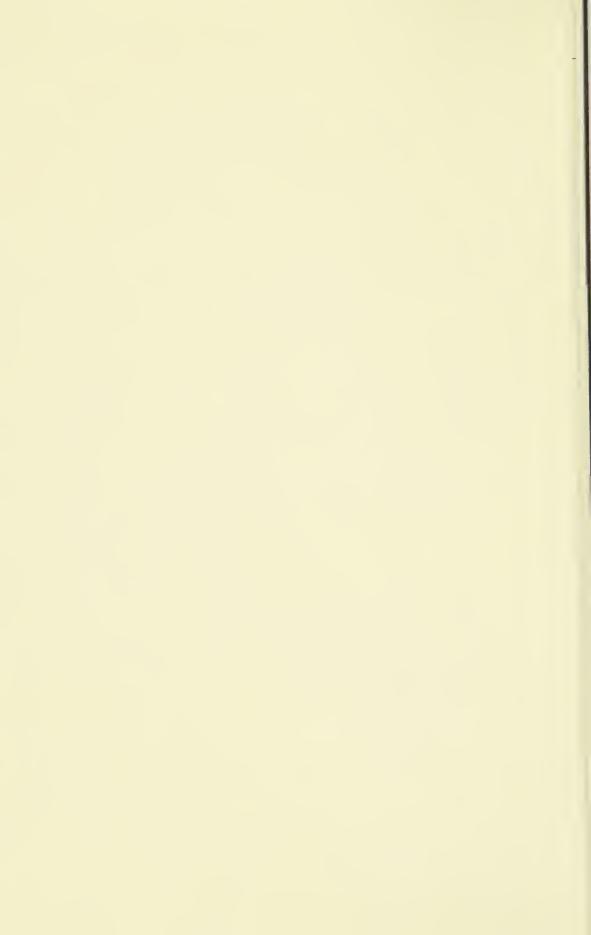
For You, My Daughter

...Poems to Say How Much I Love You

Thinking back on a daughter's childhood, it was so easy to soothe her heart by simply holding her close, but with time and age, she seems to move further away, growing into her own beautiful, independent person. As a parent, there is so much you wish to share with your daughter, but finding the right words or the right time is never an easy task.

This timeless collection offers words of wisdom and support to fill your daughter with the confidence to make decisions and create dreams, as well as a warm reminder of your presence in her life, and of the place you will always hold for her in your heart. *For You, My Daughter* is a gift of love that only you, as a parent, can give.

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Daughter, you have always been
a wonderful source of joy to me.
You have touched my life
with a magic all your own...
I want you to know that the love we share
has made being a parent the greatest feeling
I have ever known.

— Deanna Beisser

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You're Just like a Sister to Me

Tor You, My Daughter

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Daughter, I Will Always Be Here with Love for You

Did you know that I loved you long before you were born? When I first held you in my arms, one of my childhood dreams came true. l remember staring at your perfect little features and feeling thrilled at each new sound and expression. A fierce need to protect you came over me then, and it has never gone away. When you were a child, I was able to hold you close through illness and heartache. I could hold your hand as you faced new experiences, and my presence and guidance seemed to assure you of a certain level of safety. But little by little, I have had to let you go and allow you to make your own way. So often I wanted to call you back and have you stay in the protective circle of my arms. I never wanted you to have to face injury or heartache, yet I knew that you had to in order to grow. Now you are making your own decisions. Just remember that no matter what, I love you. l could never stop loving you. You are the hugs and smiles from my past, the hopes and dreams of my future. Take care, my daughter, and know that you are never alone. We are connected by the strongest bond there is: the love between parent and child.

– Barbara Cage



My Wish for You, Daughter

T can't give you the world, filled with all its riches. I can't promise you a life free from sickness, pain, and disappointment, for that is a gift not mine to give. I cannot guarantee that you will never feel your heart break. My only wish for you is that you fulfill the dreams deep within you...

I wish for you to know yourself and be faithful to yourself. For if you do, you will be able to fully love others. Be free to choose your course in life without fearing a wrong decision. Reflect on what you have been taught, and take time to listen to your heart. Never lose the ability to feel with open arms all the passion and joy that life holds for you. Give all you have without looking for something in return. Reach out for that which you can attain and not for that which is impossible. I wish for you, my daughter, to be all you can, for only then will you awaken to the person you want to be.

– Joan Benicken

When you are happy, I'll love you with a joyful heart. When you are sad, I'll love you with a heart made a little heavier by your tears. When you are right, I'll love you with a heart filled with pride. When you are wrong, I'll love you with a heart that has learned acceptance. When you succeed, I'll love you with a cheering heart. When you fail, I'll love you with a heart that rewards the efforts you've made. When you dream, I'll love you with an encouraging heart. When you give up, I'll love you with a heart that is strong enough for both of us. When you are simply you, in whatever mood or phase of your life, I'll love you with all my heart and more than you'll ever know.

- Linda Sackett-Morrison



To My Daughter, I Love You

When you were born I held you in my arms and just kept smiling at you You always smiled back your big eyes wide open full of love You were such a beautiful good sweet baby Now as I watch you grow up and become your own person I look at you your laughter your happiness your simplicity your beauty

And I know that you will
be able to enjoy a life
of sensitivity
goodness
accomplishment
and love
in a world that hopefully is at peace
I want to tell you that
I am so proud of you
and I dearly
love you

– Susan Polis Schutz



Daughter, I Want You to Know...

 $oxed{1}_{t's}$ hard sometimes, when people are changing their lives, to understand each other, or even to talk. You are struggling right now for independence and the right to live your own way... and I sometimes struggle for the strength to let you do it. I wish now and then for the days when a kiss or a hug could make your world bright again; but your world is more difficult now, and you want to make your own way in it - which is as it should be. I only want you to know... that when you get hurt, I will hurt for you; and that deep down, I always have confidence in your ability to find your place in your world. If you ever need a caring heart, or someone to listen to your deepest dreams or concerns, I will be there for you; and remember, above all else... that I love and care for you.

- M. Joye

You're a Very Special Person

Carry the sun inside you, and reach out for the dreams that guide you. You have everything you need to take you where you want to go. You have abilities and talents and attributes that belong to you alone, and you have what it takes to make your path of success... lead to happiness.

You're a very special person.
You have qualities that get better every day!
You have the courage and strength to see things through.

You have smiles that will serve as your guides. You have a light that will shine in you 'til the end of time.

You have known the truth of yesterday, and you have an inner map that will lead the way to a very beautiful tomorrow.

You have gifts that have never even been opened and personal journeys waiting to be explored.

You have so much going for you.

You are a special person, and you have a future that is in the best of hands.

And you need to remember: If you have plans you want to act on and dreams you've always wanted to come true...

You have what it takes, because...
You

have

you.

– Douglas Pagels

Did you know, sweet daughter of mine, That my world changed forever When you came into my life? No one could have prepared me for the depth of love That sprang into my heart for you From the very moment you were born. And I continually think of ways I can let you know How very special you are to me. You truly are a treasure, And I will cherish you all of my life. I will brag about you and show you off Every time I get the chance. And though I don't know how it's possible, You become more dear to me With every year that passes by.

– Cheryl Barker

In Case I Haven't Told You Lately...

any days go by and I find myself saying the same things to you day in and day out:

"Clean your room."

"Is your room clean?"

"Do your homework."

"Did you finish your homework?"

"Don't be late."

"Take the trash out, please..."

Many nights, after you have fallen asleep and look so peaceful, I have wondered to myself...

Did I tell you that I love you?

That I appreciate all you do for me?

That through your entire life you will find me in your cheering section?

Have I asked you lately about your happiness and what's going on in your life?

I am sorry that there are so many times when I get caught up with the everyday routines that I forget the simple, important things in life. I hope that you will forgive me for my shortcomings, as I will forgive you.

Always remember that no matter how busy I seem to be, I love you very much, and I am proud of all that you do and all that you stand for.

Daughter, you have always been a wonderful source of joy to me. You have touched my life with a magic all your own. There were times when you struggled with me, longing for your own independence and searching for your own place in the world. I remember those times as I tried to hold you close and hold on tightly to my little girl, knowing all the time in my heart that it was a part of growing up for you and for me, a part of life we would endure and eventually become closer than ever before. You are more than a dream come true for me: you are a part of my life that will carry on. And as I watch you changing, I see a special happiness in all that you do. With my heart full of memories, I want you to know that the love we share has made being a parent the greatest feeling I have ever known.

– Deanna Beisser

I hope that today
and always
the love I have for you
is reaching out
and touching you making your days
a little brighter
and your heart
a little warmer.

I hope that today
and always
you are aware of how
special you are to me,
and how lucky I feel
to have you in my life.

- Susie Schneider

1 ask myself
why I have been
blessed with someone
so understanding
and so caring...
Perhaps it's because
I can truly appreciate you
or maybe it's because
God knew
I needed you
so much.

– Jean Therese Lynch

May There Always Be Happiness in Your Life

Happiness cannot come from without.

It must come from within. It is not what we see and touch or that which others do for us which makes us happy; it is that which we think and feel and do, first for the other fellow and then for ourselves.

- Helen Keller



Keep
your face to
the sunshine
and you cannot
see the shadow.

- Helen Keller



Don't Ever...

Don't ever try to understand everything - some things will just never make sense.

Don't ever be reluctant to show your feelings - when you're happy, give in to it!
When you're not, live with it.

Don't ever be afraid to try to make things better - you might be surprised at the results.

Don't ever take the weight of the world on your shoulders.

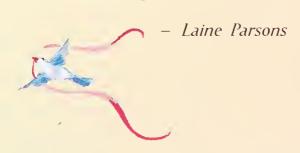
Don't ever feel threatened by the future - take life one day at a time.

Don't ever feel guilty about the past - what's done is done. Learn from any mistakes you might have made.

Don't ever feel that you are alone there is always somebody there for you to reach out to.

Don't ever forget that you can achieve so many of the things you can imagine – imagine that! It's not as hard as it seems.

Don't ever stop loving, don't ever stop believing, don't ever stop dreaming your dreams.



My Dear Daughter...

I know I am critical of you sometimes, but it's only because I have experienced so much more of life, and I can often see that the path you are taking today may not take you to where you want to be tomorrow.

I know, too, that you still have to experience life for yourself. If I can, I just want to spare you some of the pain I had to go through on my own path in life...

When the words don't come with all l want to say, l can still say this: l love you tremendously. l would do anything for you. And l promise l will try to be more patient and understanding of you, and l pray that you will do the same for me.

And do me a favor sometimes... tell me you love me, okay? Having you grow up so quickly is hard on me.

– Carol Ann Bader

It's Up to You to Make Your Life the Best It Can Be

This life is the only one you're given. Look for opportunities to grow, and never be discouraged in your efforts to do so. Replace your weaknesses with positives; take life's broken pieces and re-create your dreams. Never measure the future by the past; let yesterday become a memory and tomorrow a promise. Begin each day by focusing on all that is good, and you'll be in a position to handle whatever comes along. Take responsibility for your actions; never make excuses for not being the best you can be. If you should slip, be comforted by the thought that we all do at times. Determine your tomorrow by the choices you make today, and you'll find yourself living in joy and triumph.

– Linda E. Knight



To solve each problem one at a time; to take each day as it comes.

To stick to your goals, no matter what happens, and press on toward your dreams.

To keep your attention focused on the future, as you consider the solutions at hand.

To look for the bright side, even though it may be temporarily covered by a cloud.

To smile often, even when a frown feels more natural.

To think of those you love, and know that they love you, too.

No matter how difficult it may seem, you have within you the power, the ability, and the knowledge to make things better.

- Lindsay Newman

Your life can be what you want it to be... You'll make it through whatever comes along.

Within you are so many answers.

Understand, have courage,

be strong.

- Douglas Pagels

When you encounter difficulties and contradictions, do not try to break them, but bend them with gentleness and time.

- St. Francis de Sales

Daughter, You Are Loved

When the road seems too long
When darkness sets in
When everything turns out wrong
And you can't find a friend
Remember - you are loved

When smiles are hard to come by And you're feeling down When you spread your wings to fly And can't get off the ground Remember - you are loved

When time runs out before you're through And it's over before you begin When little things get to you And you just can't win Remember - you are loved When your loved ones are far away And you are on your own When you don't know what to say When you're afraid of being alone Remember – you are loved

When your sadness comes to an end And everything is going right May you think of your family and friends And keep their love in sight A thank-you for being loved

May you see the love around you In everything you do And when troubles seem to surround you May all the love shine through You are blessed – you are loved

Roger Pinches



Daughter, Your Happiness Is What I Wish for Most

Wish for you to always see the goodness in this world, to do your part in helping those less fortunate, to walk hand in hand with those of less talent, to follow those of more knowledge, to be an equal with those who are different.

I wish for you to find your special purpose in this world so full of choices and to help lead those who stray.

I wish for you to become your own individual, to set yourself apart from those who are the same.

I wish for you the self-confidence to say no when it is necessary and the strength to stand alone.







I wish for you the approval of yourself
to love and respect everything that
you are and will become.

I wish for you to reap the fruits
of your talents,
to walk with pride down the road of life,
to be humble in your successes,
and to share in the praises and joy
of others.

But most of all,
I wish for you to be happy.
For when you are happy,
you have the key that will open all
of the world's doors to you.

Whatever you decide,
whoever you become,
my love for you is unconditional;
my arms and heart are always open to you.
My wishes for you are that you will someday
know the joys that only a daughter
can bring
and that all your wishes come true.
I love you, my daughter.

— Jackie Olson





Daughter, You Are Special

Within you is an ideal, a voice of youth, and a promise of achievement still to come. Within your hands are special gifts and talents. Within your mind is the source of your dreams. Within you is the strength to carry your dreams to completion. Within your heart is the desire to meet the world on your own terms. You are strong; you are wise; vou have a dream. You have a spirit and confidence; you have faith. You are your own person, and you always will be. Within you is something so precious and rare. Within you is the promise of the future.

– Jean Lamey

"Special" is a word
that is used to describe
something one-of-a-kind
like a hug
or a sunset
or a person who spreads love
with a smile or kind gesture.
"Special" describes people
who act from the heart
and keep in mind the hearts
of others.
"Special" applies to something
that is admired and precious
and which can never be replaced.
"Special" is the word that best

describes you.

– Teri Fernandez

Daughter...

If ever you need to talk, to share a laugh, a dream, a smile; to be comforted or reassured, to be understood...

Remember,
my shoulder is there
for your head,
your secrets are safe
and my door
is always open.

– Ronda Scott

T am always here to understand you I am always here to laugh with you I am always here to cry with you I am always here to talk to you I am always here to think with you I am always here to plan with you Even though we might not always be together please know that I am always here to love vou

– Susan Polis Schutz

Remember This, My Daughter...

There is no difficulty that enough love will not conquer; No disease that enough love will not heal; No door that enough love will not open; No gulf that enough love will not bridge; No wall that enough love will not throw down; No sin that enough love will not redeem...

It makes no difference how deeply seated may be the trouble; How hopeless the outlook; How muddled the tangle; How great the mistake. A sufficient realization of love will dissolve it all... If only you could love enough you would be the happiest and most powerful being in the world.

- Emmet Fox

Your success and happiness lie in you. External conditions are the accidents of life, its outer trappings. The great, enduring realities are love of service. Joy is the holy fire that keeps our purpose warm and our intelligence aglow. Resolve to keep happy, and your joy and you shall form an invincible host against difficulty.

- Helen Keller

For My Beautiful Daughter

I looked at you today
and saw the same beautiful eyes
that looked at me with love
when you were a baby
I looked at you today
and saw the same
beautiful mouth
that made me cry
when you first smiled at me
when you were a baby
It was not long ago
that I held you in my arms
long after you fell asleep
and I just kept rocking you
all night long









I looked at you today and saw my beautiful daughter no longer a baby but a beautiful person with a full range of emotions and feelings and ideas and goals Every day is exciting as I continue to watch you grow And I want you to always know that in good and in bad times I will love you and that no matter what you do or how you think or what you say you can depend on my support, guidance friendship and love every minute of every day I love being your mother

- Susan Polis Schutz

Some Special Wishes Just for You

Wishing you a message
of how special you are.
Today. Tomorrow. And forever.
Wishing you days of celebration.
And favorite people gathered together.

Wishing you wonderful thoughts.
And the best memories anybody ever had.
Wishing you new paths and promises ahead.
And a million reasons to be glad.

Wishing you the warmth of friends and family. And loved ones always close by.
Wishing you the gifts happiness brings.
And the treasures money can't buy.

Wishing you success and serenity.

And wishes come true.

Wishing you a reminder of how much nicer this world is... because of you.

- Casey Whilson

Daughter, You Are the Most Beautiful Flower in the Garden of My Life

Like a flower whose petals unfold before my eyes, I watch as you reach out to grab hold of the new opportunities that are coming your way. My little flower...
I hope you have been listening to all the things
I have tried so hard to impress upon you.
Changes and challenges have presented themselves...
and you stand ready for anything.

Pride is what I feel for this precious flower, as I watch you blossom into a beautiful young woman. You have learned to dream, but more importantly, you have learned to strive toward your goals. You are strong and independent and more beautiful than any flower I have ever seen.



A Daughter Is a Wonderful Blessing

A daughter is one of the greatest blessings one could ever have She begins her life loving and trusting you automatically

And for many years, you are the center of her life
Together you experience the delights of the new things she learns and does

You enter into a daughter's play and are once again young

And even though it's harder to enter into her world as she becomes a teen

You are there, understanding her dilemmas and her fears

And wishing with all your heart that she didn't have to go through them

A daughter's smile is a precious sight that you treasure each time you see it And the sound of her laughter always brings joy to your heart Her successes mean more to you than your own And her happiness is your happiness

Her heartaches and disappointments become yours, too
Because when she isn't okay, you can't be okay either

Daughters aren't perfect, but you come close to it
You have given me more happiness than you know

l am thankful for your kindness and thoughtfulness And I am proud of who you are and how you live your life

Words can't express how much you mean to me or how much I love you
The love goes too deep, and the gratitude and pride I feel are boundless

Thank you, Daughter, for blessing my life in so many ways

– Barbara Cage

1 want you to know how amazing you are. I want you to know how much you're treasured and celebrated and quietly thanked.

I want you to feel really good... about who you are. About all the great things you do! I want you to appreciate your uniqueness. Acknowledge your talents and abilities. Realize what a beautiful soul you have. Understand the wonder within.

You make so much sun shine through, and you inspire so much joy in the lives of everyone who is lucky enough to know you.

You are a very special person, giving so many people a reason to smile. You deserve to receive the best in return, and one of my heart's favorite hopes is that the happiness you give away will come back to warm you each and every day of your life.

- Sydney Nealson

Always Believe in Yourself, Daughter ...and Know That You Are Loved

Know yourself – what you can do and want to do in life Set goals and work hard to achieve them Have fun every day in every way Be creative it is an expression of your feelings Be sensitive in viewing the world Believe in the family as a stable and rewarding way of life Believe in love as the most complete and important emotion possible Believe that you are an important part of everyone's life that you touch Believe in yourself and know that you are loved

– Susan Polis Schutz

Fathers and Daughters...

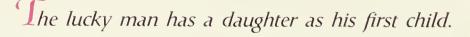


When a father looks upon a daughter he bears the love that he bore her mother echoed down through the years.

- Thomas Moore

Certain it is that there is no kind of affection so purely angelic as that of a father to a daughter. He beholds her both with and without regard to her sex. In love to our wives there is desire; to our sons there is ambition; but in that to our daughters there is something which there are no words to express.

– Joseph Addison



– Spanish Proverb

Mothers and Daughters...

Mothers of daughters are daughters of mothers and have remained so, in circles joined to circles, since time began. They are bound together by a shared destiny.



- Signe Hammer

Thou art thy mother's glass, and she in thee Calls back the lovely April of her prime.

– William Shakespeare

Like one, like the other
Like daughter, like mother.

- Anonymous

A Family's Love Can Rise Above Anything That Comes Along

My dear and wonderful daughter, we all have times when it seems like the sun forgot to shine in our lives and the dreams we were counting so heavily on... forgot how much we wanted them to come true.

When you need a place of comfort, a hand to hold, and a heart that cares about your happiness more than words can ever say... remember that you can turn to me... and I'll do whatever I can to help you chase those clouds away.

- Ann Turrel

I Am Always Here for You, Daughter...

When you need someone to talk to I hope you will talk to me When you need someone to laugh with I hope you will laugh with me When you need someone to advise you I hope you will turn to me When you need someone to help you I hope you will let me help you I cherish and love everything about you my beautiful daughter And I will always support you as a mother, as a person and as a friend

– Susan Polis Schutz

My Advice to You, Daughter...

Enjoy your life! Laugh a lot. Love a lot. Listen to your heart, and follow where it leads you. Do what you love. Love yourself, and share that love with others. This is the way that we truly make a difference, add our beauty to the world, and give something precious to ourselves and others. You have already made an impression on the world. You have touched my heart and my life in a way that has forever changed me. Thank you for coming into my life, for forgiving any errors I made in raising you, and for allowing me the chance to learn and grow with you. I love you.

– Donna Newman

Do all the good you can, By all the means you can, In all the ways you can, In all the places you can, At all the times you can, To all the people you can, As long as ever you can.

- John Wesley

Finish every day and be done with it. For manners and for wise living it is a vice to remember. You have done what you could; some blunders and absurdities no doubt crept in; forget them as soon as you can. To-morrow is a new day; you shall begin it well and serenely, and with too high a spirit to be cumbered with your old nonsense. This day for all that is good and fair. It is too dear, with its hopes and invitations, to waste a moment on... yesterdays.

- Ralph Waldo Emerson (From a letter to his daughter)

Always remember to forget the things that made you sad, but never forget to remember the things that made you glad.

- Elbert Hubbard

Daughter, You Are the Greatest Gift I've Ever Received

Memories come
flooding back to me
as I look back
over the years.
I want to hold on to you
and at the same time
watch you fly high and free.

You have such spirit
and a character all your own.
You are a doer and an achiever
of what you believe in.
I'm so proud of your dreams
and the conviction you have
to make those dreams come true.
Your world is bright, new,
and bursting with possibilities.

It's so easy to remember your very first steps and how I held out my hand for you to hold.

As each year passes,
you take more steps,
and some of these will eventually
lead you away from me —
but always remember that
my hand and my heart
are forever here for you.
You will always be my daughter,
but I have also discovered in you
a rare and precious friend.
You have been life's greatest gift
to me,
and I love you so much.

- Vickie M. Worsham



You have powers you never dreamed of.
You can do things you never thought you could do. There are no limitations in what you can do except the limitations in your own mind as to what you cannot do.

Don't think you cannot.

on e inink you cannot. Think you can.

- Darwin P. Kingsley









T will support you in all that you do I will help you in all that you need I will share with you in all that you experience I will encourage you in all that you try I will understand you in all that is in your heart I will love you in all that you are

- Susan Polis Schutz



Gentle Words of Encouragement

Spend every day preparing for the next.

As you reach forward with one hand, accept the advice of those who have gone before you, and in the same manner reach back with the other hand to those who follow you; for life is a fragile chain of experiences held together by love. Take pride in being a strong link in that chain. Discipline yourself, but do not be harsh. The pleasures of life are yours to be taken. Share them with others, but always remember that you, too, have earned the right to partake.

Know those who love you; love is the finest of all gifts and is received only to be given. Embrace those who truly love you; for they are few in a lifetime. Then return that love tenfold, radiating it from your heart to fill their lives as sunlight warms the darkest corners of the earth. Love is a journey, not a destination; travel its path daily. Do this and your troubles will be as fleeting as footprints in the sand. When loneliness is your companion and all about you seem to be gone, pause and listen, for the sound of loneliness is silence, and in silence we hear best. Listen well, and your moments of silence will always be broken by the gentle words of encouragement spoken by those of us who love you.

- Tim Murtaugh

My Family

here is an irreplaceable feeling that I wouldn't give up for the world a sense of belonging, of being able to turn to the outstretched hands of those I love... at any time; to know they'll understand me, and comfort me when things go wrong, or laugh with me when things make me happy. Caring and sharing life's ups and downs, and mostly, loving... as I so dearly love them.

– Debbie Avery Pirus

The family is one of nature's masterpieces.

– George Santayana

You are my daughter, and the meaning of that bond between us is boundless.

It means placing your comfort before my own.

It means trying my best every moment of every day to shelter you from harm.

It means worrying endlessly, and sometimes needlessly, about you and everything that enters your life.

It means wanting only the best for you, and aching inside at those times when things go wrong.

It means giving you all that I have to give and feeling your special love fill my heart more deeply than I ever imagined.

It means loving you without reserve, and with all that I am, for the rest of my life.

- Linda Sackett - Morrison

Dear Daughter,

I worry sometimes that I pushed too hard when you were growing up - wanting so much for you and trying to make sure you had all those things that I didn't when I was a child.

But I hope that I never made you feel that I expected too much... for no matter what you become or what you achieve, what matters most to me is that you're happy and that I'm never without your love.

I'll always be here for you...
no matter what you do.

– Anna Marie Edwards

It is so important to choose your own lifestyle and not let others choose it for you

– Susan Polis Schutz

Do not follow where the path may lead.
Go, instead, where there is no path and leave a trail.

- Anonymous



Hold Fast Your Dreams

Hold fast your dreams!
Within your heart
Keep one still, secret spot
Where dreams may go,
And, sheltered so,
May thrive and grow
Where doubt and fear are not.
O keep a place apart,
Within your heart,
For little dreams to go!



Think still of lovely things that are not true.

Let wish and magic work at will in you.

Be sometimes blind to sorrow. Make believe!

Forget the calm that lies

In disillusioned eyes.

Though we all know that we must die,

Yet you and I

May walk like gods and be

Even now at home in immortality.





We see so many ugly things Deceits and wrongs and quarrelings;
We know, alas! we know
How quickly fade
The color in the west,
The bloom upon the flower,
The bloom upon the breast
And youth's blind hour.
Yet keep within your heart
A place apart
Where little dreams may go,
May thrive and grow.
Hold fast - hold fast your dreams!

- Louise Driscoll



When the world closes in and lies so heavily upon you... remember that I care. When the ones with whom you share your life seem like strangers... remember that I care. When love seems to only bring you pain... remember that I care. What cannot be, cannot be. But always remember, I care. Never be afraid to come to me, if you have need of the simplest thing. No matter what it is... L care.

- Kathy Boss

 $oldsymbol{i}$ wish for you warmth when it is cold outside

i wish for you a star when the night is dark

i wish for you courage when the world is afraid

i think of you, i wish for you and i hope you know - that here, there is a heart and a home; and here, there is someone who loves you more than any wish could ever give.

– laura west rosenthal

Child of Mine

It's been so gratifying for me to see you go through such positive changes and inner growth.

Your happiness is contagious, and I'm so happy for you... to see you becoming a strong individual and doing all the right things to make your days ahead shine even brighter.

It's been great for me
to watch you grow
and to become
even more of that special someone
you are... inside.

Through your growing and changing,

I want to ask that you

take me along with you.

I don't mean that I want you

to tell me every thought

you have along the way,

but to remember that I am here...

wherever and whenever you need me.

And I hope that you'll remember

that I'm on your side.

And even if I can't always help you win,
there will never be a day

when I won't be

cheering you on.

- Laine Parsons

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 \mathcal{M}_y darling daughter I am so glad that you were born today when women are so aware of what is going on and don't always have to fight so hard to be heard The world is wide open for you to be whatever you want It will be hard but at least you will find other women striving for the same things and you won't be called "crazy" for wanting to achieve them Though full equality is a long way off there certainly have been changes which would make your life as a woman not so stereotyped and confined My darling daughter you are living in an age where womanhood is finally growing to be everything that it can be

– Susan Polis Schutz

Believe in Yourself, and Live Your Life with Thankfulness for All the Gifts You've Been Given

You have the ability to become all you are capable of becoming. Forget problems that don't matter anymore and worries that will wash away on the shore of tomorrow. Determine your own worth by yourself, and do not be dependent on another's judgment of you. Dare to dream, and live those dreams. for it is then that you can begin to realize your true destiny. Live life fully with thankfulness and joy for all the gifts you've been given.

– Debbi Oehman



More Than You Know... Daughter

I'd like to tell you
how much I love you,
and I hope you know that I do...
I wish that the words I speak
so gently to you could be
heard by your heart
with the same meanings
and the same soft feelings of love
that they carry from deep within me.

For more than you know...

I love so many things about you.

I enjoy sharing life with you.

I enjoy the way we balance each other out,
how we share the good times
and support each other through the tears...





I enjoy the knowledge that we'll make it through whatever life brings with courage and with love through the years.

More than you know...

and more than I can ever say,
I feel a wonderful thankfulness
in my heart... just for you.

And I want you to remember, though
my thoughts don't always convey
and my feelings don't always show,
I love you, and I always will...
more than you know.

- Andrew Tawney



I'm Fortunate to Have a Daughter Who Is Also My Friend

You must know that I love you and that I am proud you are my daughter, but I may have failed to let you know how I feel about you as a person. When you were young, it seemed as if I was constantly busy taking care of you and trying to keep up with the demands of raising a child. Yet you were always my greatest joy. In time, it seemed as if our roles somehow became reversed, and you returned my devotion by letting me lean on you. There were times when you seemed so wise for your years that I caught a glimpse of the woman you would someday become. Now you are that woman, and I'm proud that you are my daughter. But you are also a very special person who has filled my life with a precious, ever-growing friendship. You are my dearest friend one who is loving, kind, and compassionate. You support me at all times by giving your time and love; I know I can count on you to always be there. You listen to my problems with quiet understanding, and through you l am often able to find solutions. You are my biggest fan when I have achieved a personal goal, sharing my triumphs with pride and affection. I love you because you are my daughter, but I also love you for the very special person you are.

I Think of You Every Day

You probably don't realize how important you are to me. There are times when the one thing that helps me get through the day... is thinking of you.

You bring happiness to me when the world seems to be wearing a frown. When things don't quite go as planned and my world seems upside down, my thoughts of you help to set things right again.

You are so important to me. You make me think, you make me laugh, you make me feel alive. You put things in perspective for me. You provide support and encouragement, you lessen my worries, and you increase my joys. If my life were a puzzle, you would be the one piece that was a perfect fit.

Every day... l think of you.

And I've got a million smiles to prove it.

– Marin McKay

Daughter, You Are So Precious to Me

When you came into this world and into my life, so many beautiful things happened. Although I was the one holding you, you were the one enfolding so many of my hopes and dreams. Although I was the one who was supposed to teach you all the things to do as you grew up, you were the one who taught me — constantly — of my capacity to love, to experience life in its most meaningful way, and to open my heart wide enough to let all those joyful feelings inside.

If ever you wonder if anyone cares, know that the love I have for you transcends time and bridges any distance imaginable. Remember: If you ever need me, I will always be there... Nothing will ever be as strong as my love and my thankfulness... for you.

- Laurel Atherton

Even

if a day

should go by

when I don't say

"I love you..."

May never a moment go by without you knowing I do

- Daniel Haughian

A Wish for You, My Daughter

If there could be only one thing in life for me to teach you, I would teach you to love...

To respect others so that you may find respect in yourself To learn the value of giving, so that if ever there comes a time in your life when someone is really in need, you will give To act in a manner that you would wish to be treated; to be proud of yourself To laugh and smile as much as you can, in order to help bring joy back into this world To have faith in others; to be understanding To stand tall in this world and to learn to depend on yourself

To only take from this earth those things which you really need, so there will be enough for others

To not depend on money or material things for your happiness, but

To learn to appreciate the people who love you, the simple beauty that God gave you and to find peace and security within yourself

To you, my child, I hope I have taught all of these things, for they are love.

- Donna Dargis



To My Daughter

Since you were born
you have been
such a beautiful
addition to our family
Now that you are growing up
l can see that
you are a beautiful
addition to the world
and l am so
proud of you

As we watch you doing things on your own we know you will find happiness and success because we are confident in your ability your self-knowledge your values But if you ever need a boost or just someone to talk to about difficulties that might be occurring we are always here to help you to understand you to support you and to love you

– Susan Polis Schutz

Daughter

Goals are dreams and wishes that are not easily reached. You have to work hard to obtain them, never knowing when or where you will reach your goal.

But keep trying!
Do not give up hope.
And most of all...
never stop
believing in yourself.

For within you there is someone special...

someone wonderful
and successful.

No matter what you achieve,
as long as you want it
and it makes you
happy,

you are a success.

- Rosemary DePaolis

My Darling Daughter

You are a shining example of what a daughter can be love and laughter beautiful and good honest and principled determined and independent sensitive and intelligent You are a shining example of what every mother wishes her daughter were and I am so very proud of you

– Susan Polis Schutz

Daughter, You Have Given Me Happiness and Smiles

You are a blessing that I'm forever thankful for. I love being with you, and every time we're apart there's a little part of me that stays with you.

Your sense of humor delights me. Your laughter is one of my favorite sounds, and your smiles light up my heart.

I'm so proud of you
and the kind of person you are.
People know they can count on you.
You go out of your way for others
and make a difference in the lives
of those you care about.
You're helpful to others,
and you are independent, as well.
I'm very pleased with all
you've accomplished on your own.

I love you, and I want you to know that being your parent has been one of my greatest joys.

Carry This Thought in Your Heart Forever...

If I could stand beside you always, I would. If I could carry you over all the obstacles, I would. If I could turn all your tears to laughter, I would. If I could tell you all that will happen to you, I would. But I can only tell you one thing with certainty: I love you. And I hope my love will shine on all your tomorrows and brighten every step you take in the future.

- Dorothy Hewitt

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Within these pages, you will find a reflection of the overwhelming and intense feelings of love that can only exist between a parent and a daughter. Let this magnificent collection of poetry be a guide to brighten your daughter's path and warm her heart as she sets out to find her place in the world...

Daughter, you have always been a wonderful source of joy to me. You have touched my life with a magic of your own.

— Deanna Beisser

Now that you are growing up
I can see that
you are a beautiful
addition to the world
and I am so
proud of you

- Susan Polis Schutz



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For You, My Daughter...

You are a blessing that I'm forever thankful for... and I want you to know that being your parent has been one of my greatest joys.

— Barbara Cage

In this poignant collection, some of Blue Mountain Arts® most popular authors, including acclaimed poet Susan Polis Schutz, reflect on the special connection that exists between a parent and daughter. An enduring favorite among families everywhere, this new, updated edition contains poems from the original bestselling book, plus many more, to beautifully capture the wishes, dreams, and warm emotions that parents feel for their daughters.

Within these magical pages is everything you've ever wanted to say to your daughter. There are words of *praise and support...* for her accomplishments and aspirations... words of *wisdom and encouragement...* to bring her comfort in those times when her strength and determination are challenged... words of *assurance...* to let her know that you'll always be there, no matter what... words of *hope...* for the lifetime of happiness and fulfillment you want so much for her... words of *thankfulness...* for the precious gift you were given on the day she was born... and of course... words of *love...* to remind her of how much she is in your thoughts every day.

For all the times when life's hectic pace prevents you from saying the words you really want to... or just as a simple reminder of the limitless bond that forever ties you together... For You, My Daughter is a lasting expression of love.

I want to tell you that I am so proud of you and I dearly love you

— Susan Polis Schutz

